

**SUNDAY**

<b>9:00AM</b>	SD, VM	"Good Morning" <a href="https://zoom.us/j/752928539">https://zoom.us/j/752928539</a> Zoom Meeting ID: 752 928 539 Password: 1
<b>8:30PM</b>	VM, LS	"A Vision of Hope" <a href="https://zoom.us/j/4154268392">https://zoom.us/j/4154268392</a> Zoom Meeting ID: 415 426 8392 Passcode: 8mfru5

**MONDAY**

<b>5:45PM</b>	D,W ,VM	"Monday Castro Women's Group" <a href="https://zoom.us/j/92451959987">https://zoom.us/j/92451959987</a> Zoom Meeting ID: 9245 195 9987 Passcode: women
<b>7:00PM</b>	VM, LS	"Livin' Out the Literature" <a href="https://zoom.us/j/6400471400">https://zoom.us/j/6400471400</a> Zoom Meeting ID: 640 047 1400 Password: sfna
<b>8:00PM</b>	SD, VM	"NA Meeting" <a href="https://zoom.us/j/4157771111">https://zoom.us/j/4157771111</a> Zoom Meeting ID: 415 777 1111

**TUESDAY**

<b>6:30PM</b>	SD,V M	"Work it Because You're Worth It" <a href="https://us04web.zoom.us/j/167155535">https://us04web.zoom.us/j/167155535</a> Zoom Meeting ID: 167 155 535 Password: 008818
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**WEDNESDAY**

<b>11:00A M</b>	VM, LS	"It Works: How and Why" Dial 415-787-7127 and when prompted 887755684#
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**WEDNESDAY (CONT)**

<b>7:30PM</b>	SD,V M	"New Way of Life" <a href="https://us04web.zoom.us/j/599342076">https://us04web.zoom.us/j/599342076</a> Zoom Meeting ID: 599342076 PW: 111
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**THURSDAY**

<b>6:00PM</b>	M,S D,V M	"Northern California Men in Recovery" <a href="https://zoom.us/j/8161644848">https://zoom.us/j/8161644848</a> Zoom Meeting ID: 816 164 4848
<b>7:15PM</b>	SD, VM	"New Attitude" <a href="https://zoom.us/j/88671062092">https://zoom.us/j/88671062092</a> Zoom Meeting ID: 8867 106 2092 Password: surrender

**FRIDAY**

<b>5:45PM</b>	VM, LS	"West Portal Group" <a href="https://zoom.us/j/87958094634">https://zoom.us/j/87958094634</a> Zoom Meeting ID: 8795 809 4634 Password: westportal
<b>6:00PM</b>	SD, VM	"Bayview Friday Group" <a href="https://zoom.us/j/7415323436">https://zoom.us/j/7415323436</a> Zoom Meeting ID: 7415 323 436 Password: ILDWEN
<b>7:30PM</b>	SD, VM	"Excelsior from the Heart" <a href="https://zoom.us/j/94279255824">https://zoom.us/j/94279255824</a> Zoom Meeting ID: 9427 925 5824

**SATURDAY**

<b>9:00AM</b>	VM	"Spanish Speaking Mission Group" <a href="https://zoom.us/j/81660899812">https://zoom.us/j/81660899812</a> Zoom Meeting ID: 8166 089 9812 Password: Mission
<b>10:45A M</b>	SD, VM	"Welcome to Saturday Morning" <a href="https://zoom.us/j/89923992880">https://zoom.us/j/89923992880</a> Zoom Meeting ID: 8992 399 2880 Password: 506024
<b>11:30A M</b>	D,M ,VM	"Men's Serenity Group" <a href="https://zoom.us/j/94571372309">https://zoom.us/j/94571372309</a> Zoom Meeting ID: 9457 137 2309
<b>7:00PM</b>	SD, VM	"Prime Time" <a href="https://zoom.us/j/353106402">https://zoom.us/j/353106402</a> Zoom Meeting ID: 353 106 402 Password: 338993

**Meeting Format Legend**

D	Discussion	LS	Literature Study
M	Men	SD	Speaker/Discussion
VM	Virtual Meeting	W	Women

**The Narcotics Anonymous Message:**

“That an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live.”



**San Francisco Area Narcotics Anonymous Meeting Schedule**

January - February  
2020

“NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean.” *Basic Text, pg. 9*

If you have a problem with drugs call the **NA Helpline** to talk to a recovering addict 24 hours a day, seven days a week.

**(415) 621-8600**

**Get phone numbers and use them!**

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**What is the Narcotics Anonymous Program?**

N.A. is a non-profit Fellowship or society of men and women for whom drugs has been a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

*Reprinted with permission from the White Book, Narcotics Anonymous, Newly revised.*

*Please Note: Every effort has been made to make sure this information is accurate. However, contact the area Helplines to ensure accuracy.*

**TRADITION THREE**

“The only requirement for membership is a desire to stop using”